



# Narrative Essay

## My Identity

The ability for one to identify self in the immediate environment is an essential component. My identity can be explained in my personality and the continuous interaction in the environments I have been since I was young. Finding an identity is not a one-time phenomenon. I believe that identifying myself is a lifelong aspect. After all, psychologists argue that one's identity orients and changes over time. I find it essential to understand myself identifying so that I live well, interact smoothly with others and pursue my goals. I realize that there are many things to identify with; my family, my gender, my college, community, race, religion and even the choices that I make every single day. Both the choice and factors I have no control over eventually help define who I am and therefore the role I have in life. Rather life is a broad term, and I realize the role I play in various environments such as home, church, school, and community.

I am a male youth born in a white family of four. My family, a sister, two brothers, mother, and father, have to a great extent shaped who I am. I come from a Christian family who practices Christianity as opposed to being church goers. It implies that I, and my siblings, have been brought up in a Christian background and need to live a righteous life. Since I was young, my parents have enabled me to make good choices by teaching me that the world is cruel, and it needs a wise, God-fearing and relentless person. I greatly appreciate them for impacting good moral and Christian beliefs that I hold dear to this day. In my role as a brother, family and community member, I have been drawn to helping others and doing good. Virtues such as patience, hard work, hope, and resilience have been impacted to me by my parents who have taken great effort to bring us up in the best way they can. In essence, my parents have been my immediate models. Besides teaching us good morals, they have practiced them along. In the event that they have failed, they have

taught my siblings and me to trade carefully by working hard to achieve our goals, pursuing good and being prayerful.

I did elementary education in full support of my family and the need to achieve my goals. Besides, I am to a great extent an extrovert. I am open minded and free to talk to people. I am fairly inquisitive, an aspect that has contributed to my learning and personality. For instance, while my peers back in high school drooled lazily and let the lesson pass slowly, I chose to be active and ask for clarification when a need arose. That aspect influences my interaction with other people, and I have been regarded as an active learner. Even beyond the classroom environment, I have maintained active learning through open-minded socialization, constructive team engagement and learning by questioning. Unlike my peers, I have had a little struggle in identifying who I am. As a hard worker and a resilient youth, I have realized the competitive nature of the world. I have been taught to be outgoing, and I regard myself as a go-getter. In academic and other circumstances, I have learned to set clear goals to challenge myself and pursue a self-driven approach.

Moreover, openness in my interaction has helped me to relate well with others. I believe that I have a degree of empathy, and I am careful with how I relate to others. I have learned to make decisions and talk carefully since it impacts on others. I am fairly sensitive to the needs of others, and I yearn to inspire others in little achievements with others. For instance, I have encouraged others to work hard regardless of their race, income levels and their community. I believe I have inspired others to be conscious of themselves and what best they want in life. I have learned to accept positive criticism and when faced with challenges, I have trained myself to look at the bright side. I remember my mother's constant reminder that one only falls to gain energy to move forward.

I can attribute my personality to the good foundation of my parents concerning Christian-based upbringing. Over time, however, I have been able to shape my personality. For instance, in campus I have learned to keep a company of good

friends, attending faith-based groups and challenging myself to do the best. Just like any other person, I have been flawed in decision making and making choices. Nevertheless, I am sensitive to learn from my mistakes and do better next time. I am not a conservatist, and I embrace new people, ideas, and things. I believe that I can better myself by relying on the environment. I have been reluctant to take risks so as to encounter adventure in activities that seek to foster self. All in all, I believe I can make good choices, positively influence others and interact positively to spread goodness to other people.