



## Free Essay Samples

### Extracurricular Activities

This is a term that is generally shortened as ECA. Other scholars will refer to extracurricular activity as an extra academic activity. These are those activities that fall outside the normal curriculum of any learning institution. It is, therefore, an activity that is performed by the students (CHISIU, 2013). It is an activity that is provided for all the students to participate in. it is right to point out that volunteer activities are never categorized as ECA.

In schools like the one I attended, extracurricular activities include athletic activities where students organize and run on the tracks, football, rugby and basketball games. Additionally, activities such as swimming, and tennis tournaments were available for students to participate. I believe that these activities are crucial for the normal development of a student during their cycle of learning. One is in a position to showcase and nurture their talents.

I participated in several sporting activities as extracurricular activities before I finally realized where my passion fell. In my second year at the school, I realized that soccer was the best sport that I would flawlessly slip that ball past the goalkeeper. Through the training of the school games manager, I sharpened my skills to the extent that I earned a position in the school main team. This saw me participate in various school games regionally and nationally where I became the best man of the match in many of the matches. Even after completing my high school and college education, I still joined professional players in clubs to showcase my talent and skills in football. At the moment I represent my country in international matches as a professional striker and look forward to scoring more goals for my home team. Football which I have played since I was in school is amongst the extracurricular activities that have made meaning to my life in that apart from being my passion, it has earned me

reputation and income ("Extracurricular activities drive this teacher—and his students", 2016).

Participation in class discussions and debates are also other important extracurricular activities that I got involved in so much. I was so vocal and for sure I can say that this has helped me so much in my life. In my capacity as the class prefect, I was in a position to articulately and confidently deliver communication important to the students. While others were shy to give announcements, I confidently spoke with confidence and owned the stage.

This has helped me in my life as I am a motivational speaker and I got political ambitions as I am in a position to represent my constituents with a clear mind and clearly articulate their issues well in the parliament. Having the ability to stand in front of people and speak up your mind is something not everyone can brag to have as some cannot substantiate their points well.

In conclusion, it is evident that there are different categories of extracurricular activities available for students to engage in and develop their capabilities for future encounters. Extracurricular activities are important as they are the genesis of talent showcasing and development. They eventually turn out to be the best thing in the life of an individual just like I am delighted to be where I am due to the participation in different categories of extracurricular activities.

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1. CHISIU, C. (2013). Extracurricular Activities, an Alternative for Interdisciplinary Learning. *Postmodern Openings*, 4(4), 67-79. <http://dx.doi.org/10.18662/po/2013.0404.07>
  2. Extracurricular activities drive this teacher—and his students. (2016). *Phys. Today*. <http://dx.doi.org/10.1063/pt.5.9060>