



## How to Write a College Application Essay

### **Extracurricular Activities**

This is a term that is generally shortened to ECA. Referred to by other sources as extra academic activities, these are the activities that fall outside the normal curriculum of any learning institution, making it a student-performed activity (CHISIU, 2013), and one that is provided for all students to participate in. Note that volunteer activities are never categorized as ECA.

In schools like the one I attended, ECAs include athletic activities such as track & field, soccer, football, and basketball. In addition, activities such as swimming and tennis tournaments were also available. I believe that these activities are crucial for the normal development of a student during their time of learning. This puts a person in a position to showcase and nurture their talents.

I participated in several sporting activities as extracurricular activities before I finally realized where my passion fell. In my second year at school, I realized that soccer was my best sport, and one on which I would flawlessly shoot the ball past the goalkeeper. With the help of the school's coach, I sharpened my skills to the extent that I earned a position in the school's team. This had me participate in various school games regionally and nationally where I was the star player in many of the matches. Even after completing my high school and college education, I still joined professional players in clubs to showcase my talent and skills in soccer.

Currently, I represent my country in international matches as a professional striker and look forward to scoring more goals for my home team. Soccer, which I have played since I was in school, is amongst the extracurricular activities that have brought meaning to my life in that, apart from being my passion, it has earned me a reputation and income ("Extracurricular activities drive this teacher—and his students", 2016).



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Participation in class discussions and debates are also other important extracurricular activities in which I got heavily involved. I was very outspoken, and I can surely say that this has helped me so much in my life. In my capacity as the class prefect, I was in a position to articulately and confidently communicate with the students. While others were shy to give announcements, I spoke with confidence and owned the stage. This has helped me in my life, as I am a motivational speaker and I have political ambitions. I am in a position to represent my constituents with a clear mind and clearly articulate their issues well in the parliament. Having the ability to stand in front of people and speak up your mind is something not everyone can boast having, as some cannot substantiate their points well.

In conclusion, it is evident that there are different categories of extracurricular activities available for students to engage in and develop their capabilities for future encounters. Extracurricular activities are important as they are the genesis of talent showcasing and development. They eventually turn out to be the best thing in the life of an individual just like I am delighted to be where I am due to the participation in different categories of extracurricular activities.