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Ideal Human Being

What is a “Human Being?” The Oxford dictionary defines a human being as a man, or woman distinguished from other animals by having a superior mental development, coherent speech and an upright posture. What makes an ideal man in any social setting may be highly determined by the society within which the subject human identifies with, which are determined by the societal social standards and ethics, defined by the subject’s societal cultural norms, beliefs, practices and spirituality. There are various qualities of an ideal human being which almost everyone strives to achieve, to express the inner good self. These characteristics are; Equality, nobility, equity, integrity, truthfulness, kindness, honesty, courage, common sense, emotionally open, confident, generous, self-awareness (Danielson, C. 2009).

The personality of every individual with intent to attain ideals will always seek to acquire, be seen to reveal and actually reveal the stated characteristics, with self and with and to others. Equality; this is one character that is sought by every sane human being who obviously has or seeks to have other good traits, such as equity, kindness, honesty and equitable. This is a characteristic that determines how humans wants to be treated by others, irrespective of social status, skin color, fame or even wealth. Equality highlights the fact of all beings to be equal because of the factor that the natural state of human being apart from gender (being male or female), demonstrates equality (Danielson, C. 2009).
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Having a noble character is so desirable that every human being wants to acquire and be identified as noble. This is one true characteristic that separates human’s actions over issues, especially horrific or catastrophes, from animals, or less ideal human beings. This is the characteristic that makes a man see a child walking over to a deadly cliff and makes the subject rush to save the child from falling over the cliff, knowing all too well he could as well slip and fall himself. It is the characteristic that makes a person jump into a burning house seeking to save the entrapped people, assuming the risk of burning together with the entrapped. (Agar, N. 2005). This is a characteristic that is intertwined with courage. Courage is one character that makes some people stand out from others. This characteristic is properly spelt out by historical events and circumstances where some individuals are found to stand against ideas, people, organizations or even governments that tend to propagate, advocate or enforce ideas and practices that are against the concerned people’s beliefs and wishes. Such people can be represented by heroic characters such as Martin Luther King Junior, who would rather die speaking out their feelings and beliefs, than live in fear and intimidation (Oborne, D. J. 1993).

A human being cannot be ideal if the characteristic of equity or fairness is not part of him. Nature has put all human beings in one basically a common platform for their existence. The nature provides all the necessities of human existence, that is, water, air, earth, fire and any other principal necessity for human existence, freely and equitably. Any ideal human will feel it
possible and necessary to make it possible for the other human to access and utilize these necessities (Oborne, D. J. 1993).

Integrity is another important characteristic of an ideal human being. This illustrates observance to ethics and morals of the subject’s societal beliefs and practices. An ideal human being will not forego this characteristic for things like fortune or fame. This is a very common characteristic that is sacrificed by many people, either to acquire wealth or to become famous. Many people have abandoned their religious beliefs and practices and very good and human cultural practices in order to identify with the rich and famous. This is so because people fail to understand that integrity is one strong characteristic that can make anyone acquire other things people give value to, such as wealth and fame. Most admired famous characters have practiced relatively noticeable level of integrity in what they do or practice. Such famous people are Mother Theresa and Mahatma Gandhi.

Truthfulness is another characteristic that any human being seeks to have. To be an ideal human being, one must be truthful to themselves and to others. One has to be very sincere and honest as a human being. A human being finds it difficult to reveal truthfulness and honesty because they have some hidden motives that they don’t want other people to know, because people do not approve of them for any ideal human being.
Kindness safeguards people from the heartaches of any kind. People who demonstrate and practice kindness usually keeps other people feeling safe and their interests taken into consideration. People who are kind tend to focus more on other people’s welfare ahead of their own, making them seem heroic and noble. Kindness is like light, it attracts other people and the cycle of goodness revolves all kind people practicing it.

Common sense demonstrates how a person will react and behave when faced by various occurrences. Common sense does not call for education levels, financial capabilities, societal positioning, physical strengths or such like strengths. This is because, common sense goes beyond these individual strengths, making anyone who has common sense seem to possess all these strengths combined. This means that a person who has common sense has the necessary social skill to handle any situation bothering him or others. The value of common sense directs on what to do or not to do, say or not say in any circumstance or setting. Common sense makes people of different lingual backgrounds, or even different social, cultural or religious backgrounds and beliefs co-exist as if they have no any such significant difference. If all human beings were ideal and they practiced common sense, there would be no inter-religious wars, inter-tribal wars, inter-races, wars and many other misunderstandings that cause common conflicts (Oborne, D. J. 1993).
Emotional openness is also a characteristic of an ideal person and cannot be forgone either. Emotions are an integral part and characteristic of a human being. In plain language, people who do not show any emotions are said to be heartless. A human being cannot live without a heart. This therefore proves that to be a complete and ideal human being, one must have and be able to show his emotional self. This could be through empathizing or sympathizing with others in times of distress, pain or feelings. Emotions are also positive in that an ideal human must be able to show happiness and joy and express it to others (Agar, N. 2005).

Confidence is a significant characteristic of an ideal person. A confident person is able to fight off incidences of low esteem, which pulls one down disabling them from achieving very vital objectives in their everyday life. Having self-confidence will make one be able to overcome lawlessness and inadequacy. The people who are said to have excelled in life are not those with might and strength to acquire anything they want, but those who have constantly fought their fears and inadequacies to make considerable steps in their endeavors (Agar, N. 2005).

For one to be an ideal human, one has to have and appreciate self-awareness. Pretending to be what one is not, or to be who they are not is a sign of lack of self-awareness and acceptance. People who are not aware of themselves suffer greatly in trying to keep up with who they are, only pretending to be yet they cannot be. Self-awareness helps people to know how to behave,
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how to act and react, when to do a thing or not do, how to respond to issues, as well as knowing when and how to seek for help and assistance and from whom in times of need (Agar, N. 2005).

To be an ideal human being cannot be easy and under normal circumstances one may not possibly constantly possess all the characteristics that make up an ideal human. However seeking to acquire and retain most of the characteristics of an ideal human being is what every human needs to seek in an effort to become an ideal human being.
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References

