

## What Is an Appendix? Structure, Format & Examples

### MLA Appendix Example

#### *References:*

*November, 2016*

*(<https://www.omicsonline.org/open-access/impact-of-excessive-mobile-phone-usage-on-human-jcsb-1000235.php?aid=82033>) Research Article Open Access of Excessive Mobile Usage on Humans*

*Date Unknown*

*<https://www.tipsandshare.com/disadvantages-and-advantages-of-using-a-mobile-phone>  
Disadvantages and Advantages of Using a Mobile Phone [2]*



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# Appendices

## Appendix A

### **Advantages and Negative Effects of Cell Phones.**

The essay talks about the good and bad things which come across while using mobile phones.

The words used are “big boxes” to describe old-fashioned units. This was merely the start of the cell phone revolution. 2010s cell phones can perform multiple tasks. They have the ability to send and receive SMS messages, video messages, and use social media. All the modern tools included on mobile devices somehow make the original intent of the phone old-fashioned.

The paper also talks about how almost the entire population of the world seems to have cell phones. Regardless of one’s economic status, one possesses a modern cell phone.

Publishing anything on workspaces is possible “on the move”. Thanks to cell phones, anyone in the company can view it. It is an advantage to people who work in certain fields. Nowadays, workers can keep in touch with absent colleagues during the day.



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#### Appendix B

The essay also discusses how cell phones make emergencies so much easier to deal with. Even those that are extremely minor. Most people grab their mobile device and text their family or friend as if he or she is involved in a catastrophe. It's possible to send messages to multiple people by hitting that send button once. It's possible to check email letters. Nevertheless, one can use gaming apps on a cell phone. It's possible to stream one's favorite music, animal videos, and photographs. All the user has to do is tap the screen once, and the action will be completed. The rising use of cell phones is rapidly increasing. Meaning most people spend all day on their devices. Even couples holding hands in a romantic setting, have their other hands glued to their phones - and chatting to other people. So this is certainly a negative effect.

The paper mentions that people have become so submerged in cell phone usage that they can't imagine a life without them anymore. Humans have become dependant on their smartphones. It has gone to the extent that many people would rather be isolated with their cell phone, than spending time with family or friends. Human bonding is a thing of the past. In modern days, cell phones are an intensity. People view them as important as they do water. It is possible to send messages and call people with no charges to our bank accounts. The only thing required is access to the internet via a mobile data package. Many people do value an internet connection over their loved ones, close friends, and acquaintances.

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#### Footnotes

<sup>1</sup> Author Unknown, Research Article Open Access of Excessive Mobile Usage on Humans

<sup>2</sup> Author Unknown, Disadvantages and Advantages of Using a Mobile Phone

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